

Abstract

Disclosed herein is a method for making a composition, such as a food or cosmetic composition, including a biologically active material, such as an enzyme or antimicrobial. The method includes the steps of insulating the active, heating the composition to a temperature that would normally denature or destroy the active, and adding the active to the composition at the denaturing temperature. The active is in a form that enables a beneficial amount to survive and remain active in the composition.